

# 2024 Alabama Heritage Cooking Contest

## Category – Fruit Salad (non-congealed)

### ENTRY FORM: Due- August 1

Mail to: Kim Earwood  
Alabama Farmers Federation  
P.O. Box 11000  
Montgomery, AL 36191

NAME \_\_\_\_\_ COUNTY \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_

#### RECIPE

(Recipe MUST be typed below or submitted online at [www.alfafarmers.org/programs/divisions/womens-division/](http://www.alfafarmers.org/programs/divisions/womens-division/) with all ingredients included and exact measurements given for all ingredients. Please indicate size of pan, skillet or dish needed, cooking temperature, and time where applicable.)